**Record of Coaching**

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| **Date**  | **Coach** |

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| **Key Focus of this Coaching Session** |
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| **Goal** |  |
| **Reality** |  |
| **Options** |  |
| **Way Forward** | **Step By When** |
| **Step By When** |
| **Step By When** |
| **Step By When** |

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| **Next Coaching Session** |  |
| **Focus of Next Session**  |  |